

Waikato Rugby Performance Mind-set Coach

Waikato Rugby is seeking expressions of interest for the role of Performance Mind-set Coach.

This is a part time, fixed term role for 2023.

Position Purpose:

To provide Performance Mindset Coaching services and support to Waikato Rugby's men's and women's development programs, NPC and FPC team's, and Black Fern Performance Hub.

The services and support will consist of group workshops and individual consults.

The purpose of these services and support is to provide education to athletes on personal wellbeing, and the fundamental aspects of performance psychology, with the aim being to prepare athletes for the demands of life and successful high performing environments.

The successful applicant will;

- Be suitably qualified in sports/performance psychology
- Have experience and a successful track record in high performance sport
- Have a practical approach to delivery of group and individual sessions
- Have strong people skills, be relatable, and have the ability to build strong rapports with those they coach
- Have the ability to be flexible in their working hours to suit the needs of amateur athletes
- Preferably be Hamilton/Waikato based

To register interest, please forward a current, appropriate CV to Mike Gregan at <u>mikeg@mooloo.co.nz</u>

Applications close: Friday 24th March